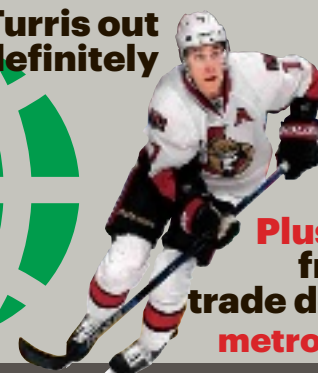




# Ottawa metr

Kyle Turris out indefinitely

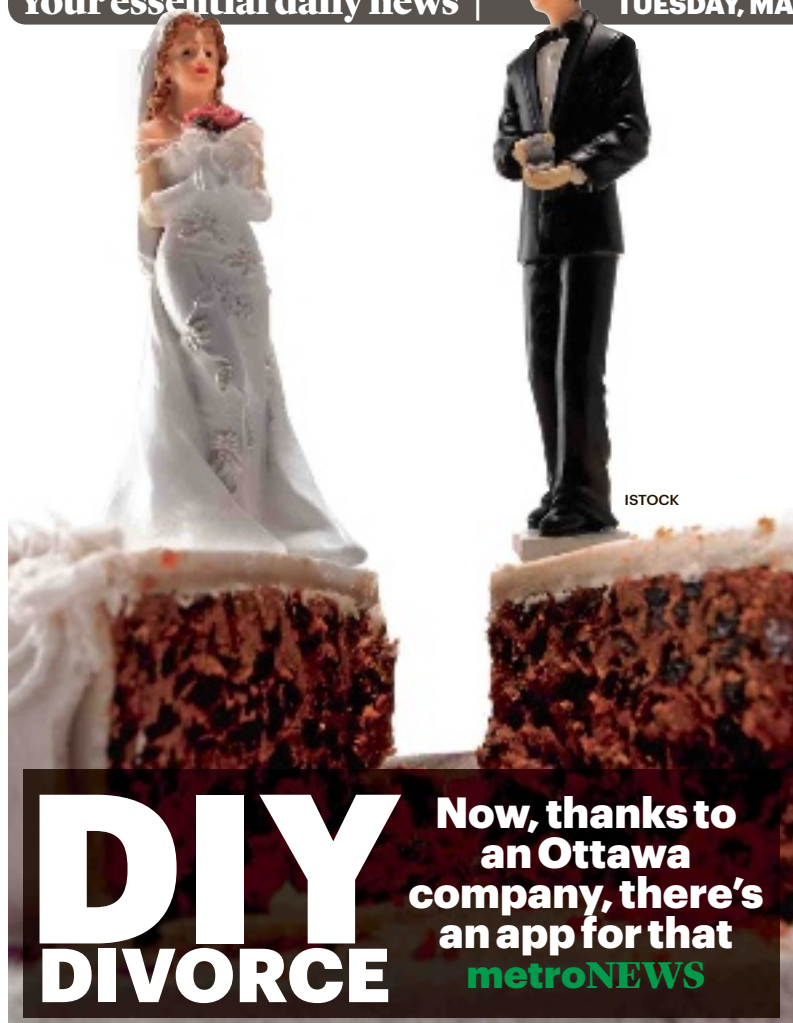


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metroSPORTS

Your essential daily news |

TUESDAY, MARCH 1, 2016

High -10°C/Low -13°C Sigh ... more snow



## Zoo to review safety after lion escapes

PAPANACK ZOO

### Cat's death brings mix of sympathy, condemnation



Emma Jackson  
Metro | Ottawa

Papanack Zoo is calling in reinforcements after an escaped African lion was shot dead.

The Wendover, Ont., zoo will audit its large carnivore exhibits after a five-year-old male lion escaped from its pen Sunday afternoon, owner Kerri Bayford said on Facebook.

The young lion was killed around 5:30 p.m. after police found it walking freely at the zoo's entrance, beyond the perimeter fence.

Bayford said she has been "reaching out to other experts in the field" to review the zoo's protocols and exhibit designs "to ensure that an incident such as this will not happen again."

The zoo is also home to tigers, cougars, wolves and bears.

Bayford said she'll be "debriefing with all our staff to determine exactly what happened," although it "looks like a case of human error."

The lion's shooting was a matter of public safety, according to Hawkesbury OPP spokesperson Const. Mario Gratton.

A tranquilizer would have taken 20 minutes to subdue the cat, he said, which in the meantime could have disappeared into the growing darkness. If they didn't find him before he woke up, there would have been a lion on the loose.

The cat's death brought a mix of sympathy and condemnation to the zoo's Facebook page. While some posted sincere condolences, others decried the roadside zoo's decision not to sedate the beast instead.

"The only reason it was shot, and not dealt with more methodically, is because it can't sue you (but) the residents around could," wrote Tia Mason.

"Your 'human error' cost the life of an animal who never should have been in a zoo to begin with," said Stacy Stafford. "Absolutely appalling killing this beautiful animal rather

“

**Absolutely appalling killing this beautiful animal rather than tranquilizing him.**

Stacy Stafford

than tranquilizing him.”

Katie Hierlihy, a zoologist who worked at Papanack Zoo under previous owners, runs the Close Papanack Zoo Facebook page. She said she left in 2011 because of ongoing neglect and safety issues.

Hierlihy hasn't been back since Bayford took over the zoo nearly two years ago, but she said some enclosures — including the main perimeter fence — were "absolutely inadequate" the last time she visited.

Hierlihy said revamping enclosures would "definitely be a big help."

Bayford said she has been "working tirelessly" to improve living conditions at the zoo. She couldn't be reached for comment Monday.



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# Americans in city ready to vote

**POLITICS**  
**An estimated one million U.S. citizens live in Canada**



Bombastic American politics might make for great small talk north of the border, but most people living in Canada don't have a say in which candidate will be the next president of the United States. But the estimated one million American citizens living in Canada do get a choice — one many of them are eager to make after watching the bizarre start to the American election season. "In the last couple of elec-

tions with Obama it's just been pure fun, but this one is very different," said David Schellenberg, a radio host with Ottawa's Live 88.5 station and a dual citizen who intends to vote this year. "All of a sudden you feel some responsibility," he said. "There are some real strange people who want to become president of the United States. Do I just go on Facebook and press 'like' on some things? You do feel that responsibility to not sit idly by." Schellenberg's parents are both Canadian, but he was born in Iowa when his father was attending school in the state. His dual citizenship gives him the right to cast a ballot south

## + DEMOCRATS ABROAD

The local Democrats Abroad chapter has set-up a remote voting location on Tuesday, March 1 at the Senate Tavern from 4 p.m. to 8 p.m. Members can get information on voting and cast a ballot for the Democratic primary. Members are invited to

stay afterward to watch Super Tuesday results come in and local republications and non-American politicos are more than welcome to join. American citizens who want to vote in the general election on Nov. 8 can register at FVAP.gov.

of the border. While he has exercised that right before, this year he's gone a step farther and organized Democrats Abroad in Ottawa to make sure other citizens living in the city get out to vote.

Schellenberg said around 700 people are signed up on the group's local mailing list. "It's interesting from a Canadian perspective to have grown up in this country and watched U.S. politics but never jumped in. It's a fun learning curve to figure out how things work," said Schellenberg.

The American electoral system is very different from the Canadian system, where voters only cast one ballot for their local MP at the very end of the election.

In the U.S. system, Americans will first vote in "primaries" or "caucuses" (going on now) to decide who will lead the Republican Party and who will lead the Democratic Party.

The finalists from each party will move on to the general election, where Americans have another chance to vote on a final outcome.

Mark Feigenbaum, chairman of Republicans Abroad Canada, said the process is also straightforward for absentee

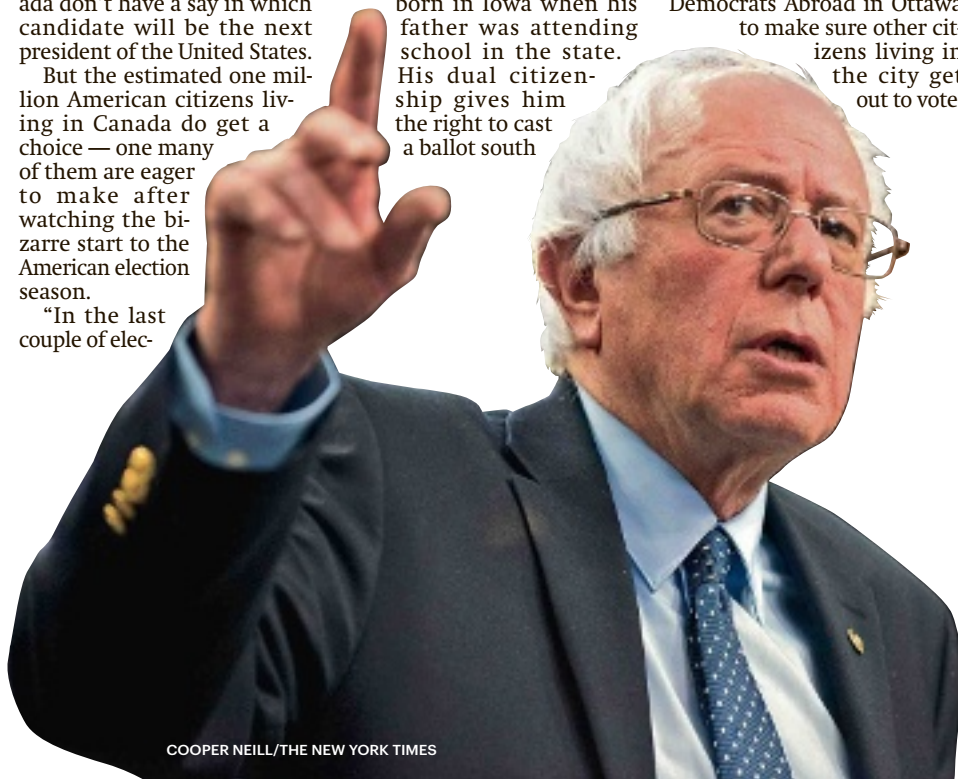
Republicans living in Ottawa who want to cast a ballot.

"It used to be very complicated, you'd have to go to the county to get forms, but now there's a website you can use," he said.

Feigenbaum said unlike most ex-pats trying to keep up with the politics at home, in Canada it's particularly easy for Americans to access information.

"Media in Canada seems to take quite an interest in U.S. politics, so we get to see

most of the action. Plus American TV is quite easy to get here," he said. "Obviously it's not quite the same as being there but it's quite easy."



COOPER NEILL/THE NEW YORK TIMES

JUSTIN SULLIVAN/GETTY IMAGES



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# D.I.Y. divorce law made easier

THISTOO

## Ottawa firm launches app to guide users through steps



**Adam Feibel**  
Ottawa Business  
Journal

There are more than a few eyebrow-raising statistics when it comes to divorce in Canada.

For example, the most recent figures indicate that nearly half of all marriages in this country will ultimately end in divorce. Even more interestingly from a business perspective, the majority of those who get divorced choose to represent themselves rather than hire a lawyer.

That's where the creators of a web application called Thistoo see a major market opportunity. Ottawa-based law-technology firm Miralaw has designed the app as a virtual lawyer that will guide users through the legal process of divorce.

According to the Law Society of Upper Canada, anywhere from 50 to 70 per cent of family-law litigants are self-represented in Ontario.

In other parts of North America, such as California, the figure can be as high as 80 per cent, the company says.

"There are some pretty startling statistics about family law," says Samuel Witherspoon, the 30-year-old founder and CEO of Miralaw. "The biggest ... is the number of people who self-represent, who don't use a lawyer."

The company started in 2014 as a legal analytics firm focused on using court data to predict legal outcomes based on previous cases. After extensive data-crunching, the firm narrowed its focus to family law, an area of highly predictable outcomes.

"Judges in family law very rarely deviate from what the law says," Witherspoon explains. "It's almost impossible, so there's really not a lot to fight about unless you're in a really, really unique situation."

Thistoo pulls information from users' files, analyzes them and then guides users through their divorce using four core pillars: plan, organize, agree and resolve. The objective is

to get each person to move through those steps individually.

The app is designed only to support an uncontested divorce, and the bulk of divorces are resolved fairly amicably and without a major disagreement, Witherspoon says. In more contentious cases, the company will pair clients with lawyers and mediators.

Shortly, the firm will roll out an artificial-intelligence feature that will take a user's profile and provide the nearest three matches to historical case data to show the user what his or her situation

will look like based on past cases.

"They can see, 'If I do choose to fight it, what is the actual outcome going to be from court versus if I just settle,' and the honest answer is that 99.9 per cent of the time there is no difference, and that's what judges time and again communicate," Witherspoon

### 50-70%

Anywhere from 50 to 70 per cent of family law litigants are self-represented in Ontario, according to the Law Society of Upper Canada.

There are apps for everything — even for getting divorced. iStock



says. "There's a perception that you can litigate and get a better deal in some way, when in reality all you do is spend your money on legal fees."

Last year, the company launched MiraExchange.ca, an online transfer system for legal documents, after Ontario's Rules of Civil Procedure changed on Jan. 1, 2015 to allow for electronic document exchange. Witherspoon says that product didn't have

enough value-added elements on its own, so now it's used as the back end of Thistoo, doing the document exchanges required to make the app work.

Miralaw currently employs 10 people at its Ottawa headquarters. Right now, the Thistoo app is only available in Ontario, but the company plans to expand into the rest of Canada as early as June. Witherspoon says he projects revenues of roughly \$1.9 million a

year for the app, which introduced paid features on Feb. 19.

Miralaw's financial backing is currently led by Miralta Capital, a venture-capital firm based in the Montreal area, with additional funding from angel investors such as lawyers and businesspeople, predominantly in the Ottawa area.

Witherspoon says there's more than just a profit motive behind the service. Self-representing litigants who don't understand the divorce process have placed an unnecessary burden on divorce courts for far too long, he explains.

"There's just so much opportunity in family law to help people improve their access."



**Judges in family law very rarely deviate from what the law says.**

Samuel Witherspoon, Miralaw founder and CEO



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### Hint:

Follow Hyundai on Facebook, Twitter and Instagram to discover the answer, which was posted earlier this week.



\*Canadian residents who have reached the age of majority in their province or territory can enter the contest at [www.hyundaisupersearch.com](http://www.hyundaisupersearch.com) between February 13, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CD\$2,500.00 each, and one (1) Grand Prize of CD\$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00 PM (ET) on April 7, 2016. No purchase required. Complete rules available at [www.hyundaisupersearch.com](http://www.hyundaisupersearch.com). <sup>TM/®</sup>The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.



# Ontario tuition plan creates curiosity

## STUDENT GRANT

### Canada's other provinces look on with interest

Other provinces are watching Ontario's decision to pay post-secondary tuition for students from lower income families, but a leading expert says he doubts they'll take the same path any time soon.

The Ontario Student Grant, announced last week, would entirely pay for average college or university tuition for students from families with annual incomes of \$50,000 or less. Half of students from families with incomes of less than \$83,000 will qualify for non-repayable grants for tuition. No student would receive less than they can currently get.

The new grant combines existing programs, and On-

tario's finance minister, Charles Sousa, said he hopes it will come at no additional cost to government.

Representatives from higher-education departments in Alberta and Newfoundland and Labrador said their governments may consider implementing the system if it proves successful.

In a written statement, an official in Alberta premier Rachel Notley's office said, "We will be



**They'll wait to see how it works in Ontario.**

Glen Jones

watching to see what impact Ontario's plan has on accessibility for low-income students looking to further their education," though he noted it was

too soon to say whether they'd consider modeling their own system after it.

Meanwhile, Newfoundland and Labrador's advanced education minister wrote that his officials are conducting a "thorough review" of Ontario's plan.

"If one wants to improve the delivery of programs and services, it helps to keep a close eye on the actions of other provinces and jurisdictions, and we will certainly be viewing this

initiative from the Government of Ontario with keen interest," he added.

Glen Jones, the Ontario Research Chair in Post Secondary Education Policy and Measurement, said if other provinces and territories decide to emulate the grant, it will likely be a while before changes occur.

"Other provinces may look at this after it's been implemented and have some sense of its success." THE CANADIAN PRESS



Guy Dupuis clears snow Feb. 17. ADRIAN WYLD/THE CANADIAN PRESS

## ENVIRONMENT CANADA

### Weatherman calls for big snowstorm

If the thought of shovelling another inch of snow from your driveway or scraping the ice off your windshield is just too much to bear, then you may want to hibernate Tuesday.

That's because Environment Canada – which, after all the snow we've already had, is probably about as popular with people in Ottawa these days as the Canada Revenue Agency is around tax time – has forecast a third winter storm in as many weeks.

Expect the winter wallop to cause more than a few headaches on your commute.

If there's a silver lining in all this snow, it's that this storm is not supposed to be as bad as the record-shattering snowfall that hit the capital on Feb. 16.

Now for the bad news: 15 to 20 centimetres of snow begins Tuesday afternoon and falls

into Wednesday.

Once again, blame Texas. Another low pressure system is moseying its way from the Lone Star State to Ontario, and it's bringing plenty of moisture from the Gulf of Mexico.

Environment Canada meteorologist Geoff Coulson says the "notable" snowstorm will hit the Ottawa area between 2 and 4 p.m. Tuesday. The snow is expected to continue until it tapers off at about the same time on Wednesday.

"There could be some impacts on the commute home Tuesday evening, certainly impacts are expected Wednesday morning when the bulk of the snow will be falling," said Coulson.

"There even may be some lingering impacts for the drive home Wednesday evening."

THE CANADIAN PRESS

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## POLICE

### Senior arrested after fires

Ottawa police say a senior, arrested in connection with two suspicious house fires Sunday, is in hospital.

Patrol officers arrested a 78-year-old man during a chase on Highway 417 near Pinecrest Sunday afternoon.

The first fire, called in at

9 a.m., was at 1248 Walkley Rd., near the Jim Durell Recreation Centre.

The second, at 12:45 p.m., was at 4100 Leitrim Rd., near Ramsayville Road.

Ottawa Fire Services said Monday each of the two fires created more than \$300,000 in damage.

JOE LOFARO/METRO



# Canada 'a dream' for family

## REFUGEES

### Resettled with help of church sponsors, Syrians happy

They say it takes a village to raise a child.

Well, it takes a community to welcome and support a refugee family.

That's been the story learned at Holy Redeemer Roman Catholic Parish in Glen Cairn, as well as by the Syrian refugee family of six they are sponsoring.

Now nearly at the end of their one-year sponsorship, the Al Dakhil family shared their story of fleeing from their home in Syria, barely getting by in Lebanon, arriving in Canada and becoming Canadian.

In Syria, the Al Dakhils were a happy family, but that changed as the civil war erupted.

"Every house in Syria has a sad story," said Shadi Al Dakhil, the father of the family speaking in English, which he has learned since coming to Canada.

In one year in Syria, Shadi and his wife Kholoud moved their three kids to three different schools due to bombings. One of their children's friends lost a hand to one of them, said Shadi. And while bombs exploded, bullets flew.

"Sometimes my wife hid the kids under the bed or in the washroom to save them from the gunshots," he said.

The family went unscathed, until one day on the way to work Shadi's car was fired on. He was shot in the leg, he said.

"We decided, a hard decision at this time, to leave Syria," said Shadi.

They had to sneak out of their town separately, Kholoud with two of the kids, and Shadi with the third.



We met the community from our church and it was a great day ... a great day. Shadi Al Dakhil

**The Al Dakhil family in their Kanata apartment**, two of them now members of the Royal Canadian Air Cadet Squadron 872, and Stephane, centre, the first of the family to be born in Canada. The family is nearly done its one-year refugee sponsorship through Holy Redeemer Roman Catholic Parish. ADAM KVETON / METROLAND MEDIA

They were forced to leave everything behind so it didn't appear as if they were leaving for good, and Shadi had to lie to soldiers that he was taking his daughter to the hospital to be allowed to leave.

Arriving in Damascus, with Shadi's leg wound bleeding, they headed for Lebanon where they tried to start their lives again. But times were difficult

there, too.

With Shadi's brother living in Lebanon, they were able to find a house to live in, and Shadi found work at a restaurant. Kholoud, a teacher, worked at a school for free so that their kids could study there, but after a year that deal fell through.

One day, one of Shadi's friends with contacts in Canada who has helped refugees

before asked Shadi, "Would you like to get to Canada?"

"I said, 'What? What?'" an incredulous tone in his voice as he recounted the story.

"It's like a dream for a person to come to Canada," said Kholoud.

Not quite believing that it was possible, Shadi and Kholoud filled out the paperwork to be recognized refu-

gees and request sponsorship in Canada.

Connecting with Holy Redeemer parish, which agreed to sponsor them, the family still couldn't believe they would ever get to this country.

Their friends and neighbours were skeptical as well until the Al Dakhils received a call from the Canadian embassy and were accepted.

All told, it was seven months between when the Al Dakhils filled out the paperwork and when they arrived in Canada.

"When we arrived at the Ottawa airport, we met the community from our church and it was a great day," said Shadi.

"A great day. Nobody can feel what we feel. Nobody, no, no, no."

ADAM KVETON / METROLAND MEDIA

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## ENGAGEMENT

### Community garden boosters seek support for Kanata plots

Community garden proponents are working to rally greater support behind the push to bring two more of the plots to north Kanata.

Looking to start gardens in the Village Green and Beaverbrook areas, Sustain Kanata North proponents recently held a public meeting on the initiative at Beaverbrook Library.

About half a dozen people attended to hear about the possibility of starting a garden at Ed Hollyer Park in

Village Green, and the success of other gardens.

While a suitable location has yet to be found in the Beaverbrook community, greater support appears to be needed before the city will sign off on either one of the proposals.

One of the most difficult parts of beginning a community garden is getting land, said Collins, who began her community garden on her own front lawn.

Sustain Kanata North is

looking at public lands to build on; however, the city's parks department won't agree to that unless assured of public support, said Kanata North Coun. Marianne Wilkinson.

Wilkinson said the parks department is stretched thin already and doesn't want to end up responsible for a community garden if supporters fail to maintain it.

The city's not opposed to them, she said — it just doesn't want to end up running them.

ADAM KVETON / METROLAND MEDIA





**Dr. Rodney Breau**, prostate cancer surgeon at The Ottawa Hospital, said monitoring patients regularly can spare them from potentially harmful side effects associated with treatment.

COURTESY THE OTTAWA HOSPITAL

# When surveillance trumps treatment

## CANCER STUDY

### Monitoring of prostate may beat surgery or radiation



**Joe Lofaro**  
Metro | Ottawa

A new study shows more doctors are opting to leave prostate cancer untreated — but that's not necessarily a bad thing, says a lead surgeon at The Ottawa Hospital. About 24,000 Canadians are diagnosed with prostate cancer every year and approximately half of them have a slow-growing form of the disease.

It is those patients who more often than not would benefit from what's called "active surveillance" rather than aggressive treatment like radiation or surgery, according to researchers at The Ottawa Hospital and the University of Ottawa.

"The idea of 'we're not going to treat it' seems crazy to many

doctors and many patients, as well," said Dr. Rodney Breau, who, with Dr. Octav Cristea, co-authored Active Surveillance in Canadian Men Diagnosed with Low Grade Prostate Cancer.

"The treatment may actually be worse than the 'disease.'"

Published in the Canadian Medical Association Journal on Monday, the study showed the number of men on active surveillance skyrocketed from 32 per cent in 2008 to 68 per cent in 2013 after researchers reviewed medical records of 477 local men.

Breau said patients with low-grade prostate cancer can go about their day with the disease as long as it is actively monitored through biopsies, blood tests and physical exams. While treatment can lead to a fix, side effects like incontinence, impotence and bowel problems might not be worth the risk, said Breau.

"We would only treat them at a point when this was going to affect their quality of life," he said. Still, some patients in the study did not feel comfortable leaving their cancer untreated.



The idea of "We're not going to treat it" seems crazy to many doctors and many patients, as well.

Dr. Rodney Breau

About 11 per cent of patients in the study who left the surveillance regime to seek immediate treatment did so for anxiety-related reasons.

In the end, it's a "shared decision" between the doctor and the patient, Breau added.

"But we have seen quite clearly in the Ottawa area that this idea of surveillance does resonate with patients," he said.

"They understand the rationale behind it and they are willing to accept it, they are willing to comply with follow-ups, physicians are willing to offer it, and the vast majority of patients are being managed this way."



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# Pamela Anderson wants PM to defund seal hunt

## ANIMAL RIGHTS

### Actress says money better spent on other businesses

Pamela Anderson is hoping Prime Minister Justin Trudeau will hear her out on behalf of seals. In a letter to Trudeau, the Canadian-born actress asks him to meet her to discuss phasing out or ending federal subsidies for the East Coast commercial seal hunt.

Anderson writes in the letter obtained by The Canadian Press that Ottawa has poured millions of taxpayers' dollars into proping up the fading industry.

The honorary director of the PETA animal-rights group says the money could be better spent promoting businesses with a brighter future that would help the world see Canada as a sophisticated, enlightened country.

The former star of the TV ser-



**Pamela Anderson**, seen here outside Toronto's Queen's Park in 2009 to launch a new ad campaign with PETA against Canada's commercial seal hunt, is urging Prime Minister Justin Trudeau to end federal subsidies for the hunt. TORSTAR NEWS SERVICE

ies Baywatch is among several prominent figures including U.S. President Barack Obama and music legend Paul McCartney who have spoken out against the hunt.

With limited market options, the commercial hunt in Canada has shrunk in recent years. Hunters landed 38,000 harp seals last year, compared

with 55,000 in 2014 and 91,000 in 2013.

The former Conservative government steadfastly defended the commercial hunt as beneficial for local economies, humane and well-regulated. In recent years, the federal government has invested in programs to promote seal meat in domestic and foreign markets.

66

### Usher in a new era of fiscal responsibility and kindness.

Pamela Anderson

Critics have long insisted it's a cruel, unnecessary slaughter.

Anderson wrote in her letter to Trudeau on Monday that she admires his progressive views on LGBTQ rights, his compassionate stance on the Syrian refugee crisis and his decision to name a gender-balanced cabinet.

"There's another issue that has sullied Canada at home and abroad for years, which I hope you'll address: wasteful government bailouts of the nearly extinct East Coast commercial seal trade," she wrote. "I urge you to usher in a new era of fiscal responsibility and kindness by ending federal subsidies of the commercial seal slaughter."

THE CANADIAN PRESS

## IMMIGRATION

### Refugee arrivals a 'milestone': Minister

Immigration, Refugees, and Citizenship Minister John McCallum says Canada has reached a "significant milestone" with the arrival of 25,000 Syrian refugees.

McCallum told a news conference at Toronto's Pearson airport today that the work continues to integrate the Syrians into the community.

McCallum was at the airport as the last two government-arranged refugee flights were arriving as part of the Liberals' \$678-million settlement plan.

The refugee resettlement program was launched in November,

after the Liberals came to power and promised to bring in 25,000 government-sponsored refugees by the end of February.

But the 25,000 Syrians that have already arrived in the country are a mix of more than 14,300 refugees assisted by the government and about 8,500 sponsored privately.

An estimated 4.7 million Syrians have registered as refugees since the outbreak of the Syrian civil war in 2011, but the UN refugee agency is not seeking permanent new homes for that many. THE CANADIAN PRESS

# 8,500

The number of refugees among the 25,000 that were sponsored privately.

## IN BRIEF

### Review of Canada-EU trade deal completed

The federal government says the legal review of Canada's free trade deal with the European Union has been completed — and the door is open for the pact to come into force next year. THE CANADIAN PRESS

### Foster parents allege vendetta by social workers

A couple says they believe social workers in the British Columbia Children's Ministry are carrying out a "personal vendetta" against them for trying to keep a Metis toddler they've raised since birth. THE CANADIAN PRESS

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# 4 THINGS TO KNOW ABOUT SUPER TUESDAY

Americans in 11 states vote today, the biggest day on the presidential primary calendar, with 1,460 delegates at stake.

TORSTAR NEWS SERVICE/THE ASSOCIATED PRESS



## 1 Can Ted Cruz win the South?

If the Texas senator loses to Donald Trump in his home state, his candidacy is either finished or doomed. And, even if he wins, he needs at least a few other triumphs in the south to have a real path to the nomination. But with 155 Republican delegates up for grabs, Texas is truly the biggest prize.

## 2 How broad is Trump's appeal?

Donald Trump is leading in the south, the north, the Midwest, everywhere. He currently has 82 Republican delegates. Cruz has 17, and Marco Rubio has 16. If he manages a Super Tuesday sweep, or wins every state but Texas, we can start calling him the presumptive nominee.



## 3 Can Sanders win outside Vermont?

He has his home state locked down, but he doesn't have a lead anywhere else. Without victories in some other places, such as Colorado, Minnesota or Massachusetts, which borders Vermont, his path to success will be just about closed. Bernie Sanders will be hard-pressed to win any of the southern states which are home to large numbers of black Democrats, such as Georgia and Alabama.



## 4 How big is Clinton's margin in Texas?

Texas will determine 222 Democratic delegates, more than twice as many as any other Tuesday state. Hillary Clinton managed a key win there during her failed 2008 campaign against Barack Obama. After her decisive win in South Carolina, she has 91 delegates, while Sanders has 65. A huge win for Clinton this time would be big trouble for Sanders.



CALAIS

# Police clash with migrants in France

Makeshift huts went up in flames on Monday in an angry backlash as workers, guarded by scores of French police, began pulling down tents and shelters in the sprawling migrant camp in Calais.

Police lobbed tear gas in a brief clash with pro-migrant activists and others throwing projectiles at officers forming a security cordon to protect the tear-down.

There were no reports of

injuries. At least three pro-migrant activists were arrested, authorities said.

As tension mounted, the fragile structures in part of the camp came down and heavy equipment was moved in to scoop up the rubble and junk left behind by weary migrants dreaming of a new life in Britain.

Three makeshift homes went up in flames, the fires set either by upset migrants

or pro-migrant activists, according to Gilles Debove, who acts as a police spokesman. A second larger fire, apparently spread by wind, destroyed a mass of shelters.

About 4,000 people are estimated to live in the camp. The dismantling of the dense southern portion of the current camp would be the largest such operation the city has known.

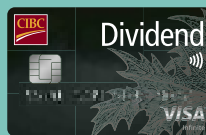
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Clashes at Calais migrant camp. THE ASSOCIATED PRESS

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## 1 SHAVING RAZORS



## 2 BALLPOINT PENS



## 3 GLOVES



## 4 DEODORANT



GRAPHIC BY METRO

# Women pay more for goods: Study

## MARKETING

## Companies exploiting stereotypes, says professor

Should a pink razor or a purple pen cost more than a blue razor or black pen?

Known as the “pink tax” or gender-based pricing, it means women end up paying more for goods and services than men — from deodorant to cologne to haircuts to dry cleaning.

Companies are exploiting stereotypes we have in society, said Sarah Kaplan, a professor of strategic management at the Rotman School of Management. “People don’t want their gender stereotypes exploited for profit,” she said. “But I also think it’s so embedded that change is going to really require businesses to rethink themselves.”

A study by New York City’s department of consumer af-

fairs examined the prices of 800 products, with clear male and female versions. It found, on average, products for women cost seven per cent more than similar products for men. Across the entire sample, women’s products were priced higher 42 per cent of the time.

Kaplan said companies are getting trickier about disguising differences, so direct comparisons are harder to make. For example, women’s and men’s deodorant might be priced the same, but the women’s size is smaller.

She added it is difficult for governments to legislate equality, because manufacturers will make small feature changes and argue they are not the same product.

Torstar News Service visited a number of retailers to looked for items priced differently.

At Canadian Tire, children’s

gardening gloves with the Teenage Mutant Ninja Turtles logo sold for \$6.99 compared with purple gloves with the sisters from Frozen at \$7.99.

“We don’t price our products based on gender,” said Stephanie Nadalin, a Canadian Tire spokeswoman, in an email. “The cost differential ... can be attributed to the different licensing fees.”

At Shoppers Drug Mart, a two-pack of Bic For Her ball pens sold for \$5.49, compared to a two-pack Bic Velocity ball pens for \$2.99. Jill Johnson, a Bic spokeswoman in Connecticut, noted in an email that the two products have different features. She said the Bic For Her pens have “unique jewelled accents, embossed metal nose cones and clips, and barrel designs,” while the Velocity pens do not have those features.

TORSTAR NEWS SERVICE

**Change is going to really require businesses to rethink themselves.**  
Sarah Kaplan, Rotman School of Management

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## SANDWICHES

## Subway ‘footlong’ class action settled

Subway customers can finally rest assured that their “Footlong” sandwiches will be as long as promised.

A U.S. judge last week granted final approval to a settlement of a class-action suit filed against Subway after an Australian teenager in 2013 posted an image of his sandwich on Facebook that was only 11 inches. The image garnered international media attention, with The New York Post writing that it found four out of seven Footlongs “measured only 11 or 11.5 inches.”

A judge had given preliminary approval in October to a settlement between Subway’s parent company Doctor’s Asso-

ciates and plaintiffs’ attorneys. Final approval was granted on Feb. 25. As part of the settlement, Subway agreed to institute practices for at least four years to ensure its bread is at least 12 inches long. The judge approved \$520,000 US in attorney fees and \$500 US for each of the 10 individuals who were representatives of the class, but no monetary claims were awarded to potential members of the class.

“It was difficult to prove monetary damages, because everybody ate the evidence,” said Thomas Zimmerman, who was co-lead attorney for the class.

THE ASSOCIATED PRESS



In 2013, an Australian teenager posted this image of his sandwich on Facebook that was only 11 inches. FACEBOOK

## IN BRIEF

## SEC probing Valeant

Valeant Pharmaceuticals said Monday it is under investigation by the U.S. Securities and Exchange Commission. Shares in the Quebec-based drugmaker plummeted to \$94.49 on the Toronto Stock Exchange, a drop of \$15.34 or nearly 14 per cent. THE CANADIAN PRESS

## Takata recall questioned

Mark Rosekind, the head of the U.S. National Highway Traffic Safety Administration, says an immediate recall of all Takata air bags wouldn’t provide significant safety benefits and could strain the network for replacement parts.

THE ASSOCIATED PRESS

## market minute

	<b>DOLLAR</b> 73.90¢ (-0.10¢)
	<b>TSX</b> 12,860.35 (+62.56)
	<b>OIL</b> \$33.75 US (+97¢)
	<b>GOLD</b> \$1,234.40 US (+\$14.00)

**NATURAL GAS:** \$1.711 US (-8.0¢)  
**DOW JONES:** 16,516.50 (-123.47)





## EMMA TEITEL: YOU DON'T ALWAYS HAVE TO 'ASK HER MORE'

**The red carpet is not a political summit. It is a shallow spectacle whose sole purpose is fashion analysis by common people on the couch at home, who once a year are afforded the opportunity to quite literally sit in judgment of the stars they worship.**



At the Academy Awards on Sunday night, host Chris Rock was full of jokes about white Hollywood liberals, happy to donate money to progressive causes and shake hands with President Barack Obama, but unwilling to hire black actors or tell black stories (unless, it appears, those stories involve slavery, or a down-and-out African-American little league team that finds its stride under the guidance of a charismatic white coach from out of town).

But it wasn't the comic's racially charged barbs that shocked and appalled many of the perpetually slighted online: It was a joke, instead, at the expense of a popular feminist cause.

Rock made fun of Ask Her More, a celebrity-studded social media campaign (supporters include Reese Witherspoon and Shonda Rhimes) demanding that reporters on the red carpet ask female entertainers questions more intellectually rigorous than "Who are you wearing?"

Women, the story goes, are asked about their fashion choices and cosmetic prep, whereas men are asked solely about their work. Rock's apt and hilarious analysis of this supposedly sexist double standard went like this:

"They ask the men more because the men are wearing the same outfits. Every guy is wearing the exact same thing. If George Clooney showed up with a lime green tux and a swan coming out of his a-, someone would go, 'Hey, what

**An alternative antidote to red-carpet sexism: equal-opportunity shallowness.**

you wearing, George?"

Indeed they would. And yet, Ask Her More advocates shot back at Rock that he had missed the point: Nobody was suggesting a moratorium on fashion-related questions. They would simply like reporters to delve deeper when they interview women on the red carpet.



**ASK HIM LESS** Chris Rock is right to point out that if George Clooney wore lime green to the Academy Awards, he'd be asked about his wardrobe, too — so let's all agree to let the Oscars be superficial, Emma Teitel writes. GETTY IMAGES

But the question in my mind, one Rock did put forward, is this: Why, regardless of gender, are reporters delving deep on the red carpet at all? I'd like to propose an alternative antidote to red carpet sexism — a model of equal opportunity shallowness.

Rather than "Ask Her More," entertainment broadcasters should just "Ask Him Less."

The red carpet is not a political summit. It is a shallow spectacle whose sole purpose is fashion analysis by common people on the couch at home, who once a year are afforded the opportunity to quite literally sit in judgment of the stars they worship.

And there are few things

less interesting than sanctimonious actors droning on about the complexity of their characters or the ins and outs of their "process."

Worse still is the recent obsession with pet social causes and intellectual posturing.

Call me shallow, but I would much rather learn what a celebrity is wearing or (in Jared

for a walk through the "Manicam" (sorely missed this year), they can start a newsletter like Lena Dunham.

Taking a stand against fashion criticism is fruitless, even where such a stand makes sense.

In politics, for example, we may know it's unjust to single out women for their sartorial choices, but to Rock's point, it's extremely hard not to.

Women tend to wear interesting pieces and bright colours and men, for the most part, don't.

You may be the most enlightened progressive on Earth, but there is no PC tonic powerful enough to prevent you from reacting to Sarah Palin's infamous sequin-fringe bolero jacket — the jacket she wore on stage to endorse Donald Trump and the only thing in history that is actually louder than him.

Maybe where politics are concerned, the path to an egalitarian landscape in which women aren't criticized unduly for their fashion, is possible through the adoption of a standardized uniform.

For example, a more breathable version of the stretch-fabric jumpsuits worn by members of the U.S.S. Enterprise on Star Trek: The Next Generation would be highly comfortable and flattering on leaders of all shapes and sizes.

Just imagine Bernie Sanders battling it out at the podium with Hillary Clinton, both of them rocking the black and red spandex of Captain Jean-Luc Picard. That's what I call fashion-forward.

As for the red carpet, all's fair in love and wardrobe malfunctions.

Emma Teitel is a national columnist for the Toronto Star.

## ROSEMARY WESTWOOD

metroview

**Our instinct is to look away from stories like Spotlight. Don't.**

One well trodden story, about good people whose inaction clears a path for evil, won an Oscar on Sunday night.

Spotlight, the tale of how Boston Globe reporters broke a Catholic-priest sexual-abuse scandal, took home the best picture award, highlighting the need for such costly reportage just as media companies cut jobs.

The film charts the journalists' triumphs, but also underscores how many people looked the other way for so long. Priests, cardinals, the Vatican; members of Boston's Catholic community, lawyers, judges; even Globe journalists, who had been sitting on stories of priest abuse for years without much follow-up.

It's particularly ironic, then, that when I went to see Spotlight, it was by accident. I was even dreading it. We wanted light fun, but we arrived too late. As a Catholic, I shrunk from yet another story of horrific abuse and the institution that, in effect, condoned it.

Perhaps you know this feeling: of not wanting to be a witness, to instead avoid the most disturbing realities.

The urge came back on Sunday, when my Facebook feed lit up with one acquaintance's revelation — via an article on Medium.com — that he was sexually abused at only 10 and 11 years old, by a neighbourhood man.

The drive to wilful ignor-

ance is a mark of selfishness, perhaps even nihilism — as if there was no role for me in another person's suffering. I did not click. I ignored an act of bravery. I let the link pass by. Until yesterday.

"After everything, it's still hard to say it. But every time I do, it feels a little lighter," writes Brian Kennedy. "I was sexually abused." Kennedy's pain has moved him to advocate for an end to silences. Around sex, especially when it comes to educating children. Around the emotional health of young boys, for whom macho ideals remain powerful.

As Michael Sugar accepted the Oscar, the Spotlight producer called for a chorus amplifying the voices of survivors, "a choir that will resonate all the way to the Vatican."

That only works if we see the movie. If we read the disturbing accounts of abuse. If we speak our dismay, our outrage, our solidarity with survivors. "The story of Spotlight has really just begun," Sugar told reporters backstage.

Amid this attention, it's worth remembering how many stories of suffering languish in the dark, because no one is looking for them, or someone is too afraid to speak out, or many others choose avoidance over action.

I understand why we would not want to look. But that choice is indefensible.

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## BODYWEIGHT GET FIT THE MACHINE-FREE WAY

Your body may be all the gym you need. That's the theory behind bodyweight exercise, the fitness trend that will have you pushing, pulling and crawling around your living room floor. Bodyweight movements are a simple yet challenging form of unrestricted exercise. Here are some of the basics, plus a few more challenging movements **TORSTAR NEWS SERVICE**



### 1 Pull-ups

**What it works:** Back, biceps

**What to do:** With an overhand grip on the bar above you, pull yourself up with your arms until your chin clears the bar.

**Why it's effective:** This one is simple enough — get your head above that bar up there — but it can be a real burner depending on your body size.

**What you'll need:** A door frame with a pull-up bar.



### 2 Wall Walk

**What it works:** Chest, shoulders, core

**What to do:** Start in push-up position with feet against the wall, walk yourself up the wall backward into a handstand position with your feet on the wall.

**Why it's effective:** Bodyweight movements that mimic lifting weight above your head are less common.

**What you'll need:** A wall you don't mind scuffing up a bit.



### 3 Spider-Man Walk

**What it works:** Upper body, coordination

**What to do:** In a push-up position, move your left hand forward and bring your right knee to your right elbow, moving forward along the floor like Spider-Man himself.

**Why it's effective:** This is a fun, challenging push-up variation that might have you laughing at your lack of coordination skills.

**What you'll need:** Just a floor path to crawl like Spidey.



### 4 Hollow Rock

**What it works:** Core.

**What to do:** Lie on your back and use your abs to make yourself into a "bowl" shape. Hold this position or rock your body side to side or forward and back, keeping your body tight.

**Why it's effective:** This uses your abs in the way they're meant to be used, to stabilize your torso. The traditional sit-up uses your abs in a way they're not meant to be used, causing your spine to flex repeatedly.

**What you'll need:** A comfortable floor mat.



### 5 Scissor Lunge

**What it works:** Lower body: thighs, quads, hamstrings, glutes

**What to do:** Jump up from a lunge position, switching legs before landing softly in the opposite lunge position.

**Why it's effective:** You know how to squat, but the lunge is superior in that it works one leg at a time, which amps up the intensity.

**What you'll need:** Nothing but floor space.



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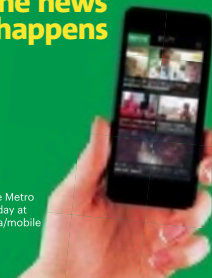
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# Oscar winner eyes change in Pakistan

## ACADEMY AWARDS

### Dual citizen filmmaker brings honour killings to light

Pakistani-Canadian filmmaker Sharmeen Obaid-Chinoy is revelling in her Oscar win, but it's the prospect of real change in Pakistan that has her beaming.

The 37-year-old claimed an Academy Award on Sunday for her short documentary on honour killings in Pakistan, *A Girl in the River: The Price of Forgiveness*.

The film examines the case of an 18-year-old girl who survived a brutal attack by her father and uncle who disapproved of her husband. Obaid-Chinoy says she's heartened by reports that two people in Pakistan were sentenced Monday morning for an honour killing, an indication there might be a crackdown on the brutal tradition.

"For me, the biggest win is the fact that the issue I'm trying to highlight has gotten such a tremendous response,

and it will continue to," Obaid-Chinoy said Monday morning from Los Angeles.

"This morning in Pakistan they sentenced two people ... for an honour killing, so it's already having some sort of reverberations.

"What more can a filmmaker ask for?"

Obaid-Chinoy says she celebrated her Oscar win at an after-party alongside Leonardo DiCaprio and Ben Affleck, and chatted with *Mad Max* star Charlize Theron and Facebook chief operating officer Sheryl Sandberg.

But she's also drawn attention from world leaders, with Prime Minister Justin Trudeau tweeting his congratulations Monday and Pakistan's Prime Minister Muhammad Nawaz Sharif declaring in a statement that "there is no place for killing in the name of honour in Islam."

He said his government is in the process of developing legislation to stop the practice.

"Women like Ms. Sharmeen Obaid-Chinoy are not only a pride for the Pakistani nation but are also a significant source of contribution toward

the march of civilization the world over," Sharif said.

Rights groups estimate that about 1,000 Pakistani women are killed every year for "bringing shame" to their families.

The killers are rarely prosecuted, because Pakistani law allows suspects to avoid punishment if they are forgiven by the family of their victims, a provision based in Islamic law.

*A Girl in the River* is the latest in a series of socially charged investigative films from Obaid-Chinoy's Karachi-based film company SOC Film. She also won an Oscar in 2012 for the documentary short *Saving Face*, about acid attacks.

Obaid-Chinoy, a dual citizen who lived in Toronto from 2004 to 2015 and now lives in Pakistan, says Canada has had a big influence on her work.

"I have always admired Canada's long standing human rights and recently how Canada has handled bringing in the refugees and the resettlement process," she says. *A Girl in the River: The Price of Forgiveness* is set to air on HBO Canada on March 7.

THE CANADIAN PRESS



On Sunday, Pakistani-Canadian filmmaker Sharmeen Obaid-Chinoy won an Oscar for her short documentary on honour killings. THE ASSOCIATED PRESS

## JOHANNA SCHNELLER WHAT I'M WATCHING

### The wakeup call Hollywood needs

**THE SHOW:** The Academy Awards (CTV/ABC)  
**THE MOMENT:** The Compton Cinema

Oscar host Chris Rock has taken a camera crew to a theatre in Compton. He's asking moviegoers if they've seen the nominated films. "Spotlight? Room? How about *The Bridge of Spies*?" he asks one woman, who keeps shaking her head no.

"You're making these movies up," she says, giggling.

"No, they're real," Rock says. "In London?" the woman asks.

And bam, all the white folks in Hollywood saw it: If you don't care about an audience, they don't care about you.

Perhaps sensing this, the Hollywood establishment stayed away from Sunday night's show. Presenters did not include Meryl Streep, Warren Beatty, George Clooney, Ben Affleck, or Julia Roberts. Nor did we see Denzel Washington, Viola Davis, Jennifer Lopez, Rosario Dawson, Don Cheadle, Chiwetel Ejiofor or Eva Mendes. It might not have been an official boycott, but it felt like an evasion.

Instead, we got lots of presenters of colour — mainly from television, which is also Holly-



Chris Rock interviews moviegoers in Compton, asking if they've heard of any of the Oscar nominated films.

THE ASSOCIATED PRESS

wood, but far more diverse: Priyanka Chopra, Abraham Attah, Dev Patel, Sophia Vergara, Kerry Washington.

Rock kept the pressure on all evening, with a montage in which actors of colour popped up in the nominated films. ("I'm the Danish Girl!" Tracy Morgan trilled hilariously, holding a danish.)

Rock's stealthiest, most subversive move, however, was this:

He sent into the audience a multi-racial group of Girl Scouts. I'm not sure everyone got his message — there is nothing more American than a Girl Scout. This is what America looks like. But I bet the folks in Compton did.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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"No pain, no problem at all": Rangers ace Yu Darvish after throwing from a full-sized mound for the first time since elbow surgery

## IN BRIEF

### Reports: Brady, Patriots work out 2-year extension

Tom Brady reportedly has agreed to a two-year contract extension with the New England Patriots.

The deal will significantly lessen Brady's salary cap hit for 2016, which would have been about \$15 million. He was due to make \$9 million next season and \$10 million in 2017.

Brady, 38, has said he plans to play well into his 40s. THE ASSOCIATED PRESS

### Franchise tag for NFL QBs set at \$19.95M

Using a franchise tag on a quarterback will cost a team \$19.95 million for 2016 under the values agreed upon by the NFL and the players' union.

The next most expensive position is defensive end at \$15.7 million, according to numbers made official Monday. The salary cap for next season is \$155.27 million, an increase of about \$12 million per team from 2015. THE ASSOCIATED PRESS

### Warriors' Green apologizes for outburst

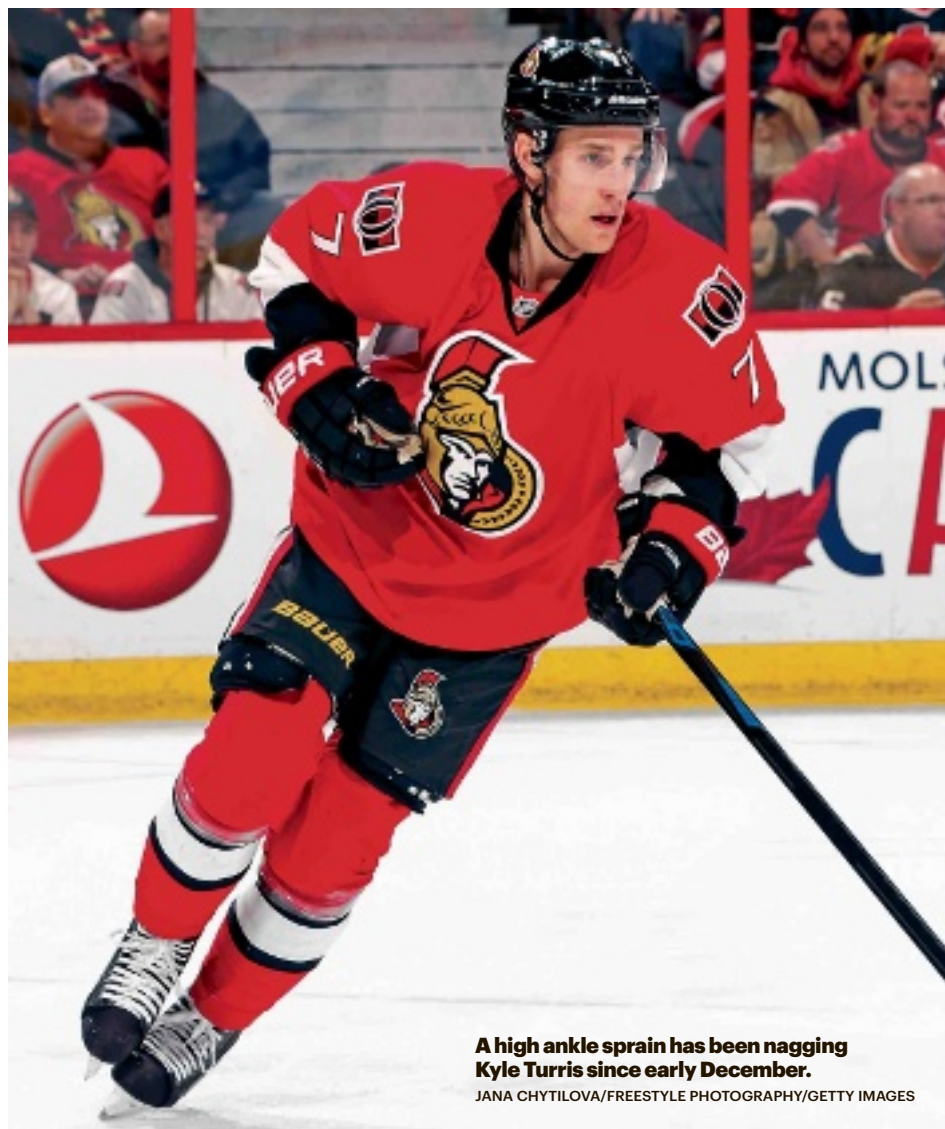
Golden State power forward Draymond Green has apologized to his teammates, coaches and the organization for an emotional outburst during halftime of the Warriors' 121-118 overtime victory Saturday at Oklahoma City in which he reportedly yelled: "If you don't want me to shoot, I won't shoot the rest of the game." THE ASSOCIATED PRESS



**Ain't no more wear-and-tear on this body. This body (has) got to rest.**

Retired boxer Floyd Mayweather who insisted on Monday that there is zero chance that he will get back into the ring, even to spar.

# No impulsive moves here



A high ankle sprain has been nagging Kyle Turris since early December.

JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

NHL

## Sens refrain from making big trades with Turris on shelf

Despite losing his top centre and the Ottawa Senators fighting for a playoff spot, general manager Bryan Murray didn't make a significant move at the NHL trade deadline Monday.

Murray announced Monday morning forward Kyle Turris is out indefinitely with a high ankle sprain. That's a big blow to an Ottawa team that's four points behind Pittsburgh for the final Eastern Conference playoff spot but Murray wasn't willing to make a reactionary move prior to the 3 p.m. ET deadline.

"We had a list of a number of guys who play centre, obviously you can't get a top player at this time of year but we did talk to a number of teams about guys that potentially would be available," said Murray. "At the end of the day we decided we probably had enough players to fill that role if we had to do that."

"So we just stuck with our own."

Murray did send left-winger Shane Prince and a 2016 seventh-round pick to the New York Islanders for a 2016 third-round selection. Prince had three goals and nine assists in 42 games.

Ottawa also acquired forward Michael Keranen from Minnesota for defenceman Connor Allen.

Murray admitted he spoke with Tampa GM Steve Yzerman about suspended Lightning forward Jonathan Drouin.

"(Yzerman) kind of knew what he wanted to accomplish with the player and if it didn't happen he was going to wait until the summer to decide what to do," Murray said.

Turris was extremely disappointed with the timing of his injury but is confident his teammates will make a solid run down the stretch.

"I've just been trying to help out in any way I can," he said. "We just kind of came to the determination that it's hard to get around the ice now and made the decision to get better."

Turris was initially injured Dec. 5 against the New York Islanders. He continued playing but needed time off following a Jan. 18 contest against San Jose.

He missed nearly three weeks before returning. Since the initial injury he had two goals and six assists and went 26 games without a goal and 15 contests without registering a point.

Turris has 13 goals and 17 assists through 57 games.

THE CANADIAN PRESS

## + IN THE MIDDLE

If practice combinations are any indication, it appears the Senators will go with Mika Zibanejad, Jean-Gabriel Pageau, Curtis Lazar and Nick Paul at centre.

# Deadline day a dud as major trades occur in advance

Canadian teams were the driving force behind one of the quietest trade deadlines in recent memory.

Only a handful of significant transactions were made ahead of Monday's 3 p.m. ET deadline, the most notable of which saw 26-year-old Mikkel Boedker sent to Colorado and Calgary defenceman Kris Russell dealt to Dallas.

Most of the major dealing was done in the days before the deadline, highlighted by a class of Canadian teams likely to miss the post-season collectively for the first time since 1970.

Canadian clubs all sent various expiring contracts and aging players out for future

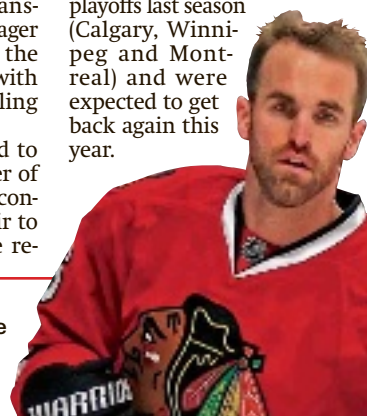
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A predictable seller coming into the season, the rebuilding Maple Leafs started that process in the first week of February, dealing captain Dion Phaneuf to Ottawa in a nine-player blockbuster. They continued to jettison veteran roster pieces, moving Shawn Matthias, Nick Spaling, Roman Polak, James Reimer and Daniel Winnik in various deals that netted the club six draft picks and a prospect or two.

"I think the picks are the most important thing that we've gotten in these transactions," Leafs general manager Lou Lamoriello said after the first of two transactions with San Jose, which sent Spaling and Polak to the Sharks.

While Toronto planned to sell after signing a number of free agents to short-term contracts last summer, it's fair to suggest that none of the re-

maining Canadian sellers expected to be in such a position. Three of the five clubs made the playoffs last season (Calgary, Winnipeg and Montreal) and were expected to get back again this year.



The Chicago Blackhawks proved the most active team before the deadline, adding forwards **Andrew Ladd**, Dale Weise and Tomas Fleischmann, defenceman Christian Ehrhoff and minor-league goaltender Drew MacIntyre.

JONATHAN DANIEL/GETTY IMAGES

Buoyed by an ever-promising group of emerging talent, which included 2015 first overall pick Connor McDavid, the Oilers were hopeful to contend for their first playoff spot since 2006. They have proven a disappointment, though, stuck as the worst team in the Western Conference on deadline day.

Edmonton dealt Teddy Purcell and his expiring contract as well as young goaltender Anders Nilsson and 25-year-old defenceman Justin Schultz, who struggled to find his fit over three-plus seasons in Edmonton.

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RECIPE Curried Pumpkin Soup



PHOTO: MAMA VINSNEY

Ceri Marsh & Laura Keogh  
For Metro Canada

- 1 cup water
- 1 can of coconut milk (14 oz.)

Directions

1. Warm olive oil in a large pot over medium heat. Add your onions and garlic and cook until they begin to soften. Now add all of the spices. Stir into the mix and let them cook for a few minutes.
2. Add pumpkin purée to the pot and give it a mix with the onions and spices. Now add the stock, water and coconut milk. Let simmer for about 20 minutes, stirring occasionally. Don't let it get too hot or the coconut milk may split.
3. Turn off the heat and allow the soup to cool a bit before either putting it into the blender in batches to purée or just giving a whiz with a immersion blender. Warm again and serve.

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This warm and rich soup with its comforting hug of pumpkin will make it fine for you to wait another month or so for BBQ season.

Ready in

Prep time: 10 minutes  
Total time: 40 minutes

Serves 4

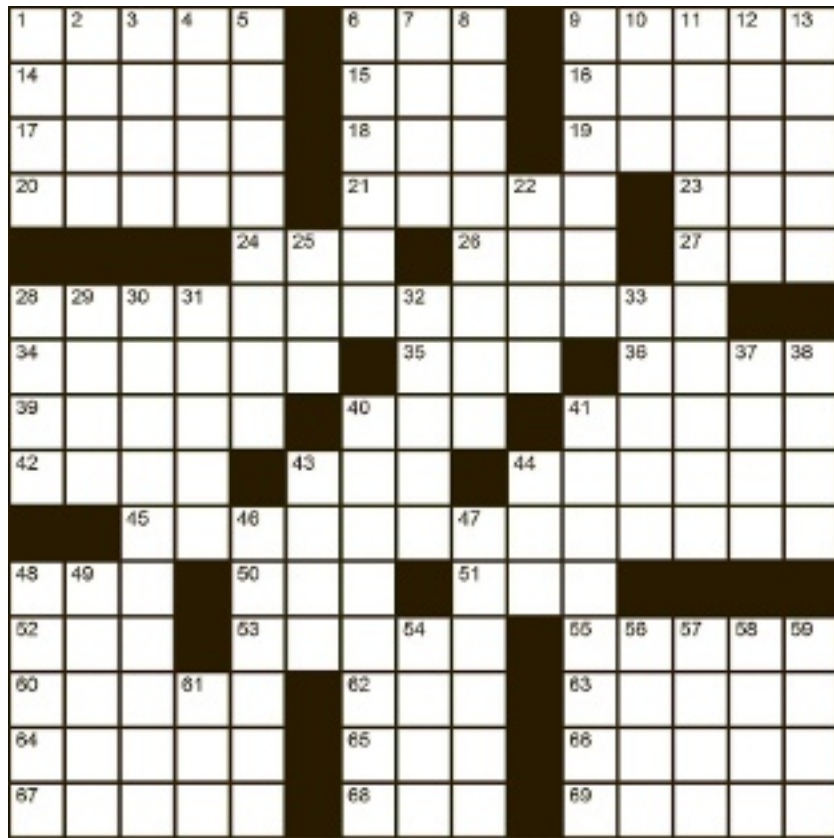
Ingredients

- 1 or 2 glugs of olive oil
- 1 onion, diced
- 2 cloves of garlic, minced
- 1 tsp ginger, minced
- 1 tsp cumin
- 1 tsp ground coriander
- 1 tsp curry powder
- 1 tsp salt
- 1 can of pumpkin purée (14 oz)
- 2 cups low-sodium vegetable or chicken stock

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. Lily varieties
6. Adobe file ending
9. Jason of "American Pie" (1999)
14. Anger
15. Hugs, greeting card style
16. Pursuit of Happiness' "I'm an \_\_\_ Now"
17. "Sweet Love" singer Ms. Baker
18. "Voices Carry" by '\_\_\_ Tuesday
19. Dinner-and-a-movie attendee, perhaps
20. "Nessun Dorma" voice
21. \_\_\_ socks
23. Flight watch-dog org.
24. + [abbr.]
26. Don't share any of it
27. Halt
28. Current flick about a British ski jumper who competed in Calgary's 1988 Winter Olympics: 3 wds.
34. Ms. Wiest of "Footloose" (1984)
35. Strong-\_\_\_
36. Jackie Kennedy's designer Mr. Cassini
39. \_\_\_ the desert
40. Gone by
41. Deuce-ace
42. Alike
43. Snacked on snacks
44. Shannen's role on the show Tori also starred on
45. Mark Messier, as a Stanley Cup champion in 1994: 3 wds.



48. \_\_\_-12 Conference
50. Alteration site
51. Many a moon
52. Lanois' U2 co-producer
53. "All joking \_\_\_"
55. Incisions
60. Yorick, in Hamlet

62. Nuke
63. Resist the oppressors
64. "\_\_\_ Coins in the Fountain" (1954)
65. Outback creature
66. Off-white
67. "Melrose Place" star Rob

68. Classified Ad Sales \_\_\_ (Newspaper job)
69. Photocopy

DOWN

1. Armoured police team letters
2. White-tailed sea bird
3. Acquire

4. Norwegian who explored the Canadian Arctic, \_\_\_ Sverdrup (b.1854 - d.1930)
5. 'Pointifies' pencils
6. \_\_\_ Corporation (Saskatchewan fertilizer company)
7. Bump off: 2 wds.
8. Paul Bunyan, for

- one: 2 wds.
9. Horrible human: 2 wds.
10. Mount \_\_\_ (Peak of Crete)
11. Instinctive hunch: 2 wds.
12. Collect
13. Prized violin, e.g.
22. Rich earth
25. 'Capri' suffix
28. Old Icelandic literary work
29. Actor Mr. Bogarde
30. Opportunity to state one's case: 3 wds.
31. Ludicrous
32. Gung-ho
33. Oscar-winner Sophia
37. Michael \_\_\_ (The Neverending Story author)
38. Stuff
40. Mist-making perfume bottle
41. Fascinate
43. Seafaring 'sures'
44. Sibling to sis'
46. Blues and Belugas
47. Don't lose pace: 2 wds.
48. Plague, in Paris
49. Crosses of ancient Egypt
54. Helen Mirren's title
56. Exist
57. Prince \_\_\_ (Alexander Borodin opera)
58. Via, to a poet
59. Charon's river in ancient Greek mythology
61. Michele of "Knots Landing"

★ IT'S ALL IN THE STARS by Sally Brompton

♈ **Aries** March 21 - April 20  
You've come to the conclusion that there are too many things going on in your life and too many people who have a claim on your time and your energy. Perhaps you should just disappear for a while.

♉ **Taurus** April 21 - May 21  
The changes taking place around you are for the best in the long-term. If anyone tells you that it is all going to fall apart, demand to see the evidence. Chances are it doesn't exist.

♊ **Gemini** May 22 - June 21  
Believe in your own ideas and don't be afraid to stick out your neck and take a risk or two. You're on the right track, and what you are working on is meaningful.

♋ **Cancer** June 22 - July 23  
It will be easy for you to approach people in positions of power now, but you must not waste their time. Your proposal must be thought out because they won't be impressed if there are holes in your ideas.

♌ **Leo** July 24 - Aug. 23  
Ask yourself what you can do to help others. Time spent helping friends and coworkers will not be time wasted and your kind words and good deeds will have a ripple effect.

♍ **Virgo** Aug. 24 - Sept. 23  
You're too close to something you're working on and because of that you can't see its faults. Listen to advice from those who have done it before you. Learn from their mistakes.

♎ **Libra** Sept. 24 - Oct. 23  
It's good of you to think of others and to want to help those in need but you have only so much time and energy at your disposal, so put your own needs first for a change. There is such a thing as compassion fatigue.

♏ **Scorpio** Oct. 24 - Nov. 22  
Let partners make their own decisions and they'll discover just how difficult it is being in your position. They may, of course, cope well and decide they don't need you any more, but that's unlikely.

♐ **Sagittarius** Nov. 23 - Dec. 21  
Make new friends. Someone you meet will open your mind to new possibilities but don't let it open so far that you lose touch with reality!

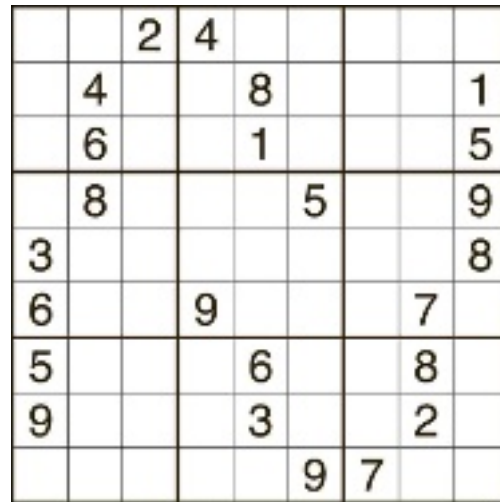
♑ **Capricorn** Dec. 22 - Jan. 20  
If you want something enough you will get it. Money matters are under excellent stars at the moment, so consider taking a risk, even if everyone around you is telling you to stick with what you know and trust.

♒ **Aquarius** Jan. 21 - Feb. 19  
The closer you work with others over the next few days the more likely it is you will share in something that brings benefits to everyone. By pooling your efforts you will each enjoy bigger rewards.

♓ **Pisces** Feb. 20 - March 20  
Find yourself a place where you can be alone with your thoughts. The more you contemplate the meaning of life the more life will mean to you.

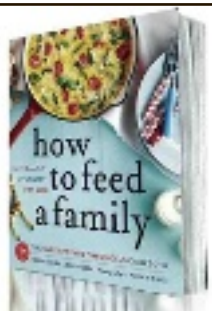
CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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